



SUPPORT GROUPS

SARASOTA:

“New Beginnings” Thursdays 1-2 p.m. Starting Thursday, Jan. 19, a weekly group meeting facilitated by Sylvia Kolker MA, LCSW. If you are no longer caregiving and would like to meet with others who are dealing with this life transition, this group may be for you. Prior to joining the group individuals must contact the CRC at 556.3268.

- **Caregiver Support Group** Thursdays, 10 - 11:30 a.m. with the Alzheimer’s Association.

For caregivers of loved ones with Alzheimer’s or dementia-related diseases.

- **NEW! Caregiver Support Group** Wednesdays 10 - 11 a.m. North Sarasota Library, 2801 Newtown Blvd. Call Paula, 556 -3270 for details.

- **Journaling Group** Fridays, 1 - 2:30 p.m. Use this powerful tool to explore and express feelings, and to heal. Led by Gail Hirsch Ed.D.

- **Monthly Parkinson’s Care Partner Support Group** meets the 4th Monday of the month from 1:30 – 3:00 PM. January Meeting will be held on Monday, Jan. 23, 2012. Care partners meet separately. Facilitated by Paula Falk.

- **The Cancer Support Group** next meeting date at SFC is Jan. 26, 4:30 - 6:30 p.m. Sponsored by the Cancer Support Community, for information. call Brenda, 941.661.3964, for information.

VENICE:

- **Caregiver Support Group!** Tuesdays, 2 p.m. The Living Room Adult Daycare Lanai, with Alzheimer’s Association. Call facilitator Kathleen Simonds, 584.0050.