



VENICE

Sponsored by Senior Friendship Centers

Caregiver Resource Center

2350 Scenic Drive, Venice, FL 34293 941-584-0071

What's Happening at the CRC...

CAREGIVERS

Caregiver Resource Center The Caregiver Resource Center at 2350 Scenic Drive, Venice is a community resource center open to caregivers without charge. Educational programs, compassionate support, and access to a wealth of information of special interest to anyone caring for a loved one are available at this "one stop single point of entry" for caregivers. Dell computers provide easy access to online assistance and a staff of caring, experienced volunteers is available to help from 10 a.m. - 3 p.m., Monday through Friday. To register for classes call Kathleen at 584-0050.

February Highlights

VETERAN'S BENEFITS SERVICE WITH HONOR

Monday, Feb. 8, 9:30-10:30 a.m.
Caregivers: If you or your loved one served in the military, there may be some benefits available to you. Join Greg Worth from the South County Veteran's Administration for information on all VA benefits, and how to apply.

HOME HEALTH—WHO HELPS/WHO PAYS?

Wednesday, Feb. 10, 9:30-10:30 am
Are you confused about Medicare and Private Duty Home Health Care? Are you unsure about the cost and who pays? Abbie Davis from Right At Home will provide the answers.

CAREGIVER ANTICIPATORY GRIEF

Tuesday, Feb. 16, 9:30-10:30 am
How does it impact the care provided to others and ourselves? Caregivers experience many unexpected changes in their daily lives. Learn how to cope with the added physical and emotional challenges of the Caregiver role. Program facilitated by Patrick McCarthy, TideWell Grief Specialist.

MANAGING CHALLENGING BEHAVIORS

Thursday, Feb. 18, 9:30-11 am
This informative session utilizes a three-step approach to recognize common behaviors and their causes. Recommended responses for five common behaviors are discussed. Information packages will be provided. Program facilitated by Pam Polowski, Alzheimer's Association.

BEYOND AN APPLE A DAY: Finding Reliable Health and Wellness Information on the Internet.

Thursday, Feb. 25, 9:30-10:30 am
Are you confused about web sites and if the information is correct and trustworthy? Join Greg Carlson, Manager of the Jacaranda Library for this informative seminar.



Highlights continue on reverse side.

When times change, we're here to help. 941-584-0071

February Highlights (continued)



Pam Polowski, Alzheimer's Association Program Specialist, chats with a Caregiver after her Alzheimer's Basic Course seminar at the North Port Library. The Caregiver Resource Center continues to offer a variety of informational classes at the Library.

NORTH PORT LIBRARY SEMINARS

First and third Friday of each month, North Port Library, 13800 Tamiami Trail

The Senior Friendship Centers Caregiver Resource Center - Venice is now providing educational seminars at the North Port Library, on the first and third Friday of every month a professional will provide valuable information to assist you in your caregiver role.

ENGAGING BEHAVIORS TO PREVENT FALLS

Friday, February 5, 10-11 a.m. Are you concerned about experiencing a fall? Learn about potential hazards in the home and how to make you and your home safe. Packets of information will be available for you. Seminar facilitated by Lori Wilder, Program Manager at Lifeline.

TRANSITIONS—CARING BEFORE CRISIS

Friday, February 19, 10-11 a.m. Join Ximena Granada as she reviews a volunteer-based program designed to provide support, respite, transportation, food preparation, friendship and more. The program is fully funded through TideWell Hospice.

Caregiver Resource Roundup

CAREGIVER SUPPORT GROUPS

• **Tuesdays, 3 p.m.**, The Living Room Adult Daycare Lanai, in conjunction with Alzheimer's Association. Call facilitator Kathleen Simonds, 584-0050 for details.

• **Thursdays, 9:30 - 10:30 a.m.** Caregivers who would like to meet with others who are dealing with this life transition are invited to join us. All Caregivers are welcome. Meeting in the Caregiver Resource Center, Quiet Room.

FREE MEMORY SCREENINGS

Sarasota Memorial Hospital Memory Disorder Clinic offers Free Memory Screenings at Senior Friendship Centers, 2350 Scenic Drive, Venice, the first Wednesday of each month from 1 - 3 p.m. Call 917-7197 for an appointment.

CAREGIVER'S RESOURCE CENTER, VOLUNTEERS

NEEDED! Willing to help caregivers who give so much of their time helping others? Please contact Kathleen Simonds at 584.0050 or e-mail Kathleen at ksimonds@seniorfriendship.com

Caregiver Resource Center Supporting Organizations

A Better Solution
All's Faith's Food Bank
All Pro Home Health, LLC
All Stat Home Health
Alzheimer's Association Gulf Coast Chapter
Aston Gardens at Pelican Point
Bella Vita
Clare Bridge of Venice
Coastal Care Nursing
ComForcare Senior Services
Comfort Keepers
Custom Care Management
David Cornish, Attorney at Law
Englewood Community Hospital
Farley Funeral Homes/Venice
Gulf Coast Community Foundation of Venice
Habitat for Humanity South Sarasota County
Harbor Chase of Venice
HealthCare Volunteers of Venice
HealthSouth Rehabilitation Hospital
Heartland Home Health
Home Massage Therapy by Don Heath
Jacaranda Trace
Loving Care Solutions
Manor Care of Venice
Mark Mazzeo, Attorney at Law
Mary's on Bayshore, Inc.
Medical Alarms USA
National Cremation Society
Nursing Resources
Omni Home Care
Perfect Solutions for Seniors
Personal Choices, Inc.
Physician House Calls of Venice
Raymond James & Associates
Response Link
Right At Home
Take Care Private Duty Home Health
The Ride
Timothy John Ryan, Attorney At Law
S.L.C. of Sorrento
Sarasota County Libraries
Sarasota Memorial Hospital
Memory Disorder Clinic
Senior Home Care
Senior Options & Solutions
Silver Line Elder Transport
Sunset Lake Village
The Wellness Community
TideWell Hospice
Venice Area Chamber of Commerce
Venice Regional Medical Center
Dept. of Rehabilitation
Venetian Gardens At Chestnut Creek
Visiting Nurse Association of Florida
Village on the Isle
Village Pharmacy and Medical Equipment
WENG Radio