

# CAREGIVERS

2350 Scenic Drive, Venice, FL 34293 • 941.584.0071 • [friendshipcenters.org](http://friendshipcenters.org)



**Caregiver Resource Center** The Caregiver Resource Center at 2350 Scenic Drive, Venice is a community resource center open to caregivers without charge. Educational programs, compassionate support, and access to a wealth of information of special interest to anyone caring for a loved one are available at this “one stop single point of entry” for caregivers. Dell computers provide easy access to online assistance and a staff of caring, experienced volunteers is available to help from 10 a.m. - 3 p.m., Monday through Friday. To register for classes call Kathleen at 584-0050

**MARCH, 2010**

## PROGRAM HIGHLIGHTS

### HOW DO I PAY FOR AN ASSISTED LIVING FACILITY?

Thursday, March 11, 10-11 a.m.

Decisions about Assisted Living Facility placement are always difficult. This seminar will provide information on the financial options available. Program facilitated by Paula Carney, Bella Vita.

### WHEN IS THE RIGHT TIME FOR PLACEMENT?

Thursday, March 18, 9:30-11 a.m. There is never a “perfect” time for placement, but understanding how to evaluate your situation helps you make an educated decision. Join Pam Polowski from the Alzheimer’s Association as she provides some guidelines.

### FIVE WISHES – ADVANCE DIRECTIVES

Monday, March 22, 9:30-11:30 a.m.

**Caregivers: Limited seating-please register.** Five Wishes is the first living will that talks about your personal, emotional and spiritual needs as well as your medical wishes. It was written with the help of The American Bar Association’s Commission on Law and Aging, and the nation’s leading experts in end-of-life care. Five Wishes booklets will be provided. Program facilitated by Kathleen Simonds, Director CRC/ADS-Venice.

### FINAL ARRANGEMENTS - The Choice is Yours!

Wednesday, March 24, 9:30-10:30 a.m.

Explore all options including tips from the Florida Department of Financial Services. Pre-planning will be provided to assist you with your decision making. Program facilitated by National Cremation Society.



*When times  
change, we're here  
to help.*

*941-584-0071*

## **“A TIME FOR CARING”**

Our Caregiver Resource Center Sponsorship Program enables us to continue to provide services at no cost to Caregivers. A \$75 sponsorship will provide one day of services for Caregivers. It is a wonderful opportunity for you to become an exclusive sponsor for the time chosen—perhaps an anniversary date or loved ones’ birthday.

A special thank you to our last month’s sponsors:

*Cindy Martineau  
Village on the Isle  
Andrew Weil*

### **CAREGIVER SUPPORT GROUPS**

- **Tuesdays, 3 p.m.**, The Living Room Adult Daycare Lanai, in conjunction with Alzheimer’s Association. Call facilitator Kathleen Simonds, 584-0050 for details.
- **Thursdays, 9:30 - 10:30 a.m.** Caregiver Resource Center Quiet Room. All Caregivers are welcome.

### **FREE MEMORY SCREENINGS**

Sarasota Memorial Hospital Memory Disorder Clinic offers Free Memory Screenings at Senior Friendship Centers, 2350 Scenic Drive, Venice, the first Wednesday of each month from 1 - 3 p.m. Call 917-7197 for an appointment.

### **NORTH PORT LIBRARY SEMINARS**

The Senior Friendship Centers Caregiver Resource Center - Venice is now providing educational seminars at the North Port Library, 13800 Tamiami Trail, North Port.

### **CHOOSING A HOME HEALTH AGENCY**

Friday, March 5, 10-11 a.m. If you are seeking in-home services for the first time, you may be wondering “Does Medicare pay for help in the home?” It is important to understand the difference between Medicare-Certified home health and private-duty in-home care. Program facilitated by Sherry Mearns, All Pro Home Health.

### **MANAGING DIFFICULT BEHAVIORS**

Friday, March 19, 10-11:30 a.m. This informative session utilizes a three step approach to recognize common behaviors and their causes. Recommended responses for five common behaviors are discussed. Sponsored by the Alzheimer’s Association and facilitated by Pam Polowski.

## **Supporting Organizations**

A Better Solution  
All’s Faith’s Food Bank  
All Pro Home Health, LLC  
All Stat Home Health  
Alzheimer’s Association Gulf Coast Chapter  
Arden Courts  
Aston Gardens at Pelican Point  
Bella Vita  
Clare Bridge of Venice  
Coastal Care Nursing  
ComForcare Senior Services  
Comfort Keepers  
Custom Care Management  
David Cornish, Attorney at Law  
Englewood Community Hospital  
Farley Funeral Homes/Venice  
Gulf Coast Community Foundation of Venice  
Habitat for Humanity South Sarasota County  
Harbor Chase of Venice  
HealthCare Volunteers of Venice  
HealthSouth Rehabilitation Hospital  
Heartland Home Health  
Home Massage Therapy by Don Heath  
Jacaranda Trace  
Manor Care of Venice  
Mark Mazzeo, Attorney-At-Law  
Mary’s on Bayshore, Inc.  
Medical Alarms USA  
National Cremation Society  
Nursing Resources  
Omni Home Care  
Perfect Solutions for Seniors  
Personal Choices, Inc.  
Physician House Calls of Venice  
Raymond James & Associates  
Response Link  
Right At Home  
S.L.C. of Sorrento  
Sarasota County Libraries  
Sarasota Memorial Hospital  
    Memory Disorder Clinic  
Senior Home Care  
Senior Options & Solutions  
Silver Line Elder Transport  
Sunset Lake Village  
Take Care Private Duty Home Health  
The Ride  
The Wellness Community  
Tidewell Hospice  
Timothy John Ryan, Attorney-At-Law  
Venetian Gardens At Chestnut Creek  
Venice Area Chamber of Commerce  
Venice Regional Medical Center  
    Dept. of Rehabilitation  
Village on the Isle  
Village Pharmacy and Medical Equipment  
Visiting Nurse Association of Florida  
WENG Radio